



THE CLUB'S OPEN CYCLO CROSS at HERNE HILL

CLIFF STEELE ON THE CLIMB

Photo by KAV



APRIL 2006

www.delaunecc.org



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CLUB NIGHT

FIRST THURSDAY **OF EACH MONTH** British Legion, conditions). 97 Barry Road, **SE22**

Well, the Season is really under way. Spring has finally arrived. We have seen (if you have Eurosport) the Paris-Nice-Milan-San Remo. This weekend, 2nd April, it's the Tour of Flanders. Its all go, go go!

PRESIDENTS REPORT

This weekend, 2nd April, we have the Southern Road Race League event in Hildenborough. I hope to see some of you there.

Quite a few Club members came to Herne Hill to help with the marshalling and clearing up afterwards for the cyclo-cross event run by John O'Brian, which went very well.

I did my own training that day on the Turbo. What an 12 Willowbank Gardens invention. You can't get really fit without going on the roads, but the turbo really comes into its own for interval training and speed work, which would be dangerous to do on the road. Its also great on those wet and windy days, letting you train in the dry!

> My first race of the season, a League of Veteran Racing Cyclists event in Thaxted in Essex, was on Sunday 19th March, and I was very pleased with my third place. My next event was the Southern Counties Sporting 10 on Saturday 25th. A really dreadful day, cold winds and rain. John Starsmere was on the start sheet, but I didn't see him on the results board, so I think he was DNS (he obviously had the good sense not to race in such dreadful

> I did 27.48 – a faster time than last year – and came second in the age-related. I met up with John Geoghegan after the event and we went to the Punchbowl Pub for a

beer. Great to see John. He really looks well after his three months in Oz - although he was complaining of the cold.

The next day Brian Dacey and I were "on parade" at Eastway. Brian came second, and I was 7^{th} , after a 7-up sprint finish, so the season is really up and running. I hope all Club members

who are racing this year have a great season. I see Alan Priddy is entered in the VTTA event in Appleton on Saturday 1st April, which I am riding. See you there Alan.

Make it a great month.

Roy

Rabbett, Mike A Century Awheel 1889-1989: A History of The De Laune Cycling Club

De Laune Cycling Club, 1989. First Edition. Cloth. Fine/Fine. 8vo - over 5³/₄" - 7³/₄" Tall This is a Fine Copy of this book in Publisher's red coloured cloth, in a Fine Dust-Jacket, with no chips or tears to outer edges of the wrapper, very light rubbing to the head of the spine. Not clipped and the book has no previous ownership inscriptions present. This is a comprehensive and fascinating Club History of this famous Cycling Club in South London. Illustrated with some 20 b&w photographs. This remains a lovely clean copy of this rare cycling club history, 8vo 220pp First Edition (Book ref. 15062) **£85.00** (*Brian how many have we left in stock*) Offered for sale by **Richard Thornton Books**

Herne Hill Track Good Friday meet.

Volunteer stewards needed for Good Friday track meet 14th April at Herne Hill. - Free entry to event. - More details please contact Judith Bonner

judith@claverdale.org.uk ----- 0208 5674 2507

By the time you read this article, hopefully, you will have been to our AGM held at the British Legion Club on the 30th March at Barry Road SE22.



For years I have attended many AGM's not as an official

of the club but as an ordinary member, and one tends to think the club runs itself. Like going to see a well-rehearsed play, all is well in front of the curtain but chaos at the back. I am not saying this about our club but we have had our moments.

We have a good working team in the engine room who attend our committee meetings each month and who I would like to thank for the hard work that they have put in over the last few years.

First Peter Harris. The clubroom did not sell itself. Someone had to grab the situation by the scruff of the neck and this Peter did. He personally had to deal with the buyers, solicitors, estate agents, valuers, etc and when it all went through he had to deal with change of Memorial Club rules to Memorial Fund rules and hold down a job at the same time. I will say no more but thank you.

Let me tell you about Don White who thought he had gone into retirement! Steve Carter Smith and James Lett, our previous treasurers, due to heavy work commitments had to let the job go. Both did an excellent job. Don stepped in to, as he put it, temporary bridge the gap! It was not a case of taking over from the previous treasurer but sorting out what money is where This was due to the sale of the clubroom. Don, who is like me, in the retirement lounge of life, and just wanted to slip out of the back door! Don, thank you for the running around and the hard work you are putting in.

Bill Wright is another guy who works hard behind the scenes and I must give praise for what he is doing. Not only holding down a job as a manager at the cycling circuit at Eastways but carrying out more than one job on our committee. If you want to know something about the club, ask Bill. He is Treasurer and Secretary of the Memorial Trust Fund, a job he thought would be easy but you will see by the work he has put in to the Memorial Trust Fund accounts (subject to audit) it was not easy. Thank you Bill.

Brian Saxton, another glutton for work. He is now our General Secretary, besides being the Club Clothing Sec, Property Steward, Historian etc Now he has his computer on the web there will be no holding him. If you do not pay your sub's he will nag you by e-mail!

Mark Ballamy and Mike Peel who hold the club together with the DLN and our web site <u>www.delaunecc.org</u> a big thank you. Yes Mark, the DLN looks good now you have got your new toy!

Just to let you know who the other guys are in the engine room; Roy Savery our President (who will be running our new open 10 on the 9th of Sept) Jeremy White, James King and his dad Dave, Sam Fensterheim, Cliff Steel, Ross Fryer, Nick Butler, Nigel Scales, Val the Peach and my old pal, who is back with us with a new car, (but for how long I do not know!) Alan Rowe.

On behalf of all the members, thank you.

Kav.

P.S I had a nice letter from Sir Roger Moate. Who is one of the governors for the churches in the Wychling area including our church at Newnham Kent.

He asked if the De Laune would be interested in the Wychling 8 Mile Walk on Easter Monday. A few of our members have shown interest including my self. See full details inside front cover.

WOULD LIKE TO SAY A BIG THANK YOU TO ALL THOSE MEMBERS WHO HAVE SENT E-MAILS SAYING HOW MUCH THEY LIKE THE NEW LOOK DLN.

ALSO THANK YOU TO THE COMMITTEE FOR THEIR LETTER -THIS IS VERY MUCH APPRECIATED AND WITH A BIT OF LUCK WILL NOW KEEP ME GOING FOR A FEW MORE YEARS

Fred Peachey Memorial 25 mile Memorial TT 30th July, 2006

Here we go again, time for me to start pestering you for your time on a Sunday morning in July to help with the above event. It is the only open time trial that this long standing Club promotes so you have to get in really early to offer your assistance, though it is very unlikely that I will you away.

As last year, the event will be held in rural Kent at Chilham which is midway between Canterbury and Ashford, in fact the event starts just outside Chilham village, travels to Canterbury then to the outskirts of Ashford town after which the course retraces to Chilham to finish. I need 9 marshals, plus 3 general helpers and two ladies for the tea bar (sorry if that sounds sexist but a cup of tea is dispensed so much nicer by us ladies !). Should you decide to marshal you will be allocated a rather fetching dayglow jacket for your efforts, an rumour has it that a chocolate 'Fairy' travels round the course dispensing goodies on the day for all the faithful marshals – surely that is too good to miss.

I look forward to hearing from you soon my telephone number should you need it is 01622 727649, otherwise I shall be round twisting a few arms.



Val the Peach

Herne Hill Cyclo-Cross race held on March 4 & promoted by De Laune CC

U10 race

1st 2nd 3rd	Noah Phillips Herne Zach Colgan Sam Honywood	Hill Youth CC 3	3 laps in	12.50 13.45 13.50
U12 ra	ice			
1st	Andrew Rogers	HHYCC 4	l laps in	11.00
2nd	Elliot Phillips	HHYCC		12.16
3rd	James Wood	Team Darenth		14.08
Youth	/U14 race			
1st	Thomas Humphrys	Sutton CC/DeV	er 4 laps in	25.30
2nd	Conor Bunn	HHYCC		27.10
3rd	Taylor Johnstone	HHYCC		27.12
Sen/Jun/Vet/Women				

1st	Graham Stacey	Catford CC	10 laps in	59.48
2nd	Ian Cleverly	Mosquito		60.09
3rd	Ross Fryer	De Laune Co	C/Evans	62.55

San Fairy Ann Circuits

The 3rd of three meetings held on March 4 at Eastway

3rd & Jun

The chase was now on as juniors; Whenman, Edd Allen (Twickenham CC), Tom Smart (VC Deal) & Sam Fensterheim (De Laune CC) went after Burke. Despite their efforts Burke won with time in hand whilst Whenman jumped away from his companions in sight of the flag to claim second.

1	Tom Burke	Dulwich Paragon	1:22:43.5
2	Billy Joe	Whenman Marin UK	1:23:00.8
3	Edd Allen	Twickenham CC	1:23:01.6
4	Tom Smart	VC Deal	1:23:01.7
5	Sam Fensterheim	De Laune CC	1:23:02.3

4th & W

First to show was Robert Cox (Cambridge CC), but his moment of glory was soon over when Gary Birch (VC Elan) chased him down.

Next to attempt to get away was Nick Butler (De Laune CC) & he was joined by James Wallace (Fifty CC). The two built a useful lead before the pack reabsorbed them.

James King (De Laune CC) made a good effort a little while later, before Phil Bull (VC Elan) went clear, & was replaced at the front by Birch & Tom Morris (Angliasport RT) & a chasing Cox.

It was almost all back together for the last lap where Morris sprinted away to win from Birch.

1	Tom Morris	Angliasport RT	51:14.2
2	Gary Birch	VC Elan	51:14.4
3	James King	De Laune CC	51:28.0
23	Nick Butler	De Laune CC	51:32.1
DNF	Simeon Schmidt	De Laune CC	

Simon Hook memorial race

(11th March)

Sim rode an impressive race, staying in the first third of the bunch for



about 20 laps before drifting off the back. Well-done Sim, a great improvement.

Nick was riding well until he pulled out with what he thought was a puncture. Which turned out to not be a puncture, you must be disappointed Nick.

I rode a mediocre race and finished in the bunch.

Cats 3/4 Regional "B"

1	Matt Thurston	VC Norwich	1:21:59.0
2	Kevin Barker	PCA/Ciclos Uno	1:21:59.9
29	James King	De Laune CC	1:22:03.2
	Nick Butler	DNF	
	Simeon Schmidt	DNF	

James King

Hemel Hempstead CC Spring Chicken

3/4/W/J race held on March 11 at Charndon, Bucks

1	Ian Cammish	PM	42m	1.40.25
2	Spencer Hirkham	Finchley RT		
3	James Davies			@2mins
4	Greg Simcock	St Ives CC		
5	James Peckham	De Laune CC		

2006 Gorrick MBC Exodus Spring Series R3 12 March 2006

1	00:57:35	MARK CRACKNELL	AWCYCLES.CO.UK
2	00:57:47	STEVE JONES	AWCYCLES.CO.UK
3	00:57:51	BREN DIVALL	BRIXTON CYCLES
20	01:05:55	ROSS FRYER	DE LAUNE CC
22	01:06:51	BILL WRIGHT	DELAUNE CC
38	01:12:07	CLIFFORD STEELE	DE LAUNE CC

East Surrey Hardriders 12/03/2006

1	Ray HUGHES	Clarence Wheelers	01:10:45	V
2	Tim MARDALL	V.C. Etoile	01:11:31	Μ
3	James DEAR	In-Gear Quickvit RT	01:12:08	Μ
45	David HAGGART	De Laune CC	01:28:02	V

The SERRL (South East RR League) sparked into life at Eastway on Saturday March 18

2-3-W-J cats

1	Dominic Gabelini	Rapha/Condor	1:21:33.9
2	James Cocker	Team Eonomic Energy	1:21:34.2
3	Robin Basford	Ride Beyond	1:21:34.9
14	Sam Fensterheim	De Laune CC	1:22:07.7

Southborough & District 10 18/03/2006

1	Peter Tadros	In Gear RT	00:23:33
2	Reg Smith	Team Chevin Cycles	00:23:36 V
3	Carl Chapman	GS Invicta	00:24:05
25	Alan Priddy	De Laune CC	00:28:05 V
44	Malcolm Adams	De Laune CC	00:31:50 V

Road Race Team – Progress report.

The 2006 season on the road is looking good for De Laune. Last year nothing much happened,

but this year things are looking up with several riders competing.

The first few races of the season have gone well, notably with two 5th places from Sam Fensterheim and James Peckham. Nick Butler (*photo*) has raced his first two mass start races, and has taken to it quite well, despite chickening out of a bunch sprint and pulling





out with an imaginary puncture. New member Simeon Schmidt has risen to the challenge of moving from youth races to senior events and is making excellent progress. Top tester Dave Haggart (*photo*) took part in his first event on the 18th, went off the front of course. Twenty four hour hard man Ross Fryer has also made an appearance and is set to recover nicely from his shoulder injury.

Matt Goodes is due to come out of retirement for the De Laune RR on the 2^{nd} April, as is James Lett. Brian Dacey will also be racing soon.

James King

Pictures courtesy of LondonCycleSport.com

Cont.

Forthcoming events are:

2 nd April – De Laune RR	(SF, JK, DH, NB, MG, RF, JL)
16th April – SERRL Brenchley	(SF, JK, JP)
7th April – Bille Temme memorial	at Eastway
25th April – Crystal Palace	(SF, JK)

Key:

SF = Sam Fensterheim JK = James King DH = Dave Haggart NB = Nick Butler SS = Simeon Schmidt MG = Matt Goodes RF = Ross Fryer JL = James Lett BD = Brian Dacey

Pictures courtesy of LondonCycleSport.co.uk

Surrey League - Dunsfold 3rds 19/3/2006

1	Pete Connelly	Army CU
2	Richard Simmonds	London Dynamo
3	Chester Hill	TM Racing
16	Sam Fensterheim	De Laune CC
43	James King	De Laune CC

The 2nd of two SERRL (South East RR League) race meetings held at Eastway on Saturday March 25.

2/3/4/J

1	Dominic Gabelini Rapl	na/Condor 1:17:30.6	
2	Robin Basford	Ride Beyond	1:17:30.9
3	Chris Moores	Norwood Paragon	1:17:31.2
16	Sam Fensterheim	De Laune CC	1:17:45.8

V.T.T.A (Kent Group) 10 26/03/2006

1	James Stewart	Le Coq Sportif – Dolan – SI	00:22:13
2	Garry Banfield	Kent Cycles RC - Look/Bian	00:22:29
29	Alan Priddy	De Laune CC – Evans Speci	00:26:39

Peter Young Memorial RR for 3/4/W held on March 26

at Valley End, Surrey.

1	Edgar Medellin	Finchley RT	2.20
2	Louis Charity	Corridori	@7 secs
3	Adrian Cullinane	Finchley RT	@25 secs
7	James Peckham	De Laune CC	

RTTC Rudy Project Round 1 - Vets Actual 25/03/2006

1	Michael Coyle	V.C. Etoile	00:24:36	V43
2	Ray Hughes	Clarence Wheelers	00:24:50	V48
3	Ian Dalton	Cherry Valley R.T.	00:25:08	V40
33	Alan Priddy	De Laune C.C.	00:30:18	V63
36	Howard Coulson	Dulwich Paragon	00:31:09	V50
	David Haggart	De Laune C.C.	DNS	

The 3rd of the LVRPA/Ciclos Uno Summer Series held at Eastway

on March 26

E-F-G-H Result

1	Geoff MINDHAM	Norwich Specialized	1:15:02.8			
2	Brian DACEY	De Laune CC/Evan	1:15:03.5			
7	Roy SAVERY	Delaune CC	1:15:05.1			
	Surrey League – Barcombe 3rds 26/3/2006					

1	Martin Markowski	Bayeux Landscapes
2	Ben Spurrier	Evans RT
3	Andy Betts	Twickenham
4	James King	De Laune CC
10	Sam Fensterheim	De Laune CC

Bournemouth Jubilee 42KM TT26/3/2006

1	Eamonn Deane	Bournemouth Jubilee	01:04:48
2	Max Baldock	Poole Wheelers	01:07:21
3	Andy Rivett	Sotonia CC	01:08:26
33	John O'Brien	De Laune CC	01:23:48

West Drayton Mountain Bike Club

26/3/06 MTB race at Black Park, Iver Heath

Veterans		
1 01:25:36	SAM PHILLIPS	WDMBC/Beyond Mountain Bikes
2 01:28:03	BREN DIVALL	Brixton Cycles
8 01:37:21	BILL WRIGHT	De Laune / Evans



TRIATHLON NEWS

Avon Tyrell Duathlon - 5.5k/22k/5.5k 26.02.06

The morning was bright but very, very cold as we set off at 7:30 on Sunday morning. Thanks to my friends hospitality I was staying only 8 miles from the start. Quick check over the bike and off to register passing a range of competitors from those who were racking their mountain bikes (...it's a road race) to those more serious who were already warming up in the car park on turbo-trainers. With temperatures so low the pre-race briefing was held inside where we were told that they were not going to be strict about number display which would allow us to alter our clothing between disciplines...thank you.

It's a good run course held partially on a tarmac road and partly cross country into the New Forest. On the start line I had chickened out and decided to keep my coat on fearing that I would freeze on the bike section and even kept on my full fingered cycling gloves. Needless to say by the time I was nearing the end of the first run having just climbed the steep hill and hopped over the style I was baking, still I figured all of the layers would serve me well on the bike section.

So through a smooth transition and joy of joys onto my bike. This being my strongest stage I quickly started to pick off a good many guys ahead of me. Again it is a picturesque cycle course through the forest and small villages but by this point the wind had picked up and in places I had to fight the cross winds to stay on the road, you've got to worry about those men who had set out with solid rear wheels. By the time I had reached the final hill I had gained a lot of places but my gears started slipping and changing by themselves, still I was close to the end. I went into transition 5th lady and then just had to battle trying to remove some of my outer layers in readiness for the last run.

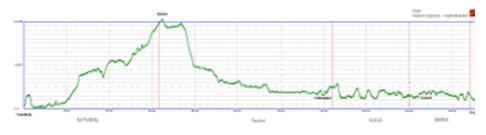
As I left transition the next 3 ladies were just entering with running not being my best sport I knew I just had to hold on as best I could and hope that I had done enough on the ride to at least hold my position. The second run is an exact duplication of the first with a few more cars who actually all gave the runners right of way at the pinch points in the road. AS I turned on to the cross country section the 3 girls were very close behind and was expecting to be over taken imminently, only 1 managed to do so and I came in in a very respectable 6th place.

A very enjoyable race which I would highly recommend with the cross country element making the runs far more interesting than the usual tarmac.

Norway 23rd- 25th June 2006

If any-one fancies an unusual and demanding challenge in June here's one for you <u>www.styrkeproven.no</u> Trondheim to Oslo 540km start Friday night/Saturday morning finish Sunday some-time! Here's the course profile with 4304metres of climbing

Løypeprofil



There are shorter distances available but why would you?

It is expensive @ $\pounds 120$ for entry and licence + flights etc (so any donations form the De Laune ladies team funds would be much appreciated!) but I think well worth it for such an amazing experience, I'm thinking it's held in line with the Midnight Sun but I may be wrong. The organisers are hoping to attract more UK riders, I think there are about 8-10 at the moment (in error I have entered 2 of my friends under De Laune but will get this corrected) so why not have a go.

Jayne Wadsworth

I almost forgot Mark as a little aside in Feb 2006 edition it was stated that I came 107th in the Mass Attack Duathlon let it be known I was actually 9th lady as I do not tend to compete directly against the guys - Please don't belittle my efforts!!

Jayne please accept my apologies Ed.

Letter printed in March 2 Cycling Weekly

Confession time - I couldn't resist writing in to Cycling Weekly again.

I stayed away from the "oldest club" thread as I think there are members

much better informed than me on that subject. However "Angry" of Catford couldn't resist a mild dig at Stuart Dangerfield, featured in an article the week before. (Note: I didn't entitle it "Dangermouth" - that was their editorial decision. At future Committee Meetings, I'll be the one who turns up in the full-face balaclava and leaves by the back-door to avoid any Dangermouse fans! I'll probably stay away from time-trials (again) too!

One other note, they printed my original email, not the amended version I sent in with the right year...)

Regards,

Nigel

Article text (amended version) is below:

"I was very disappointed with some of Stuart Dangerfield's comments in your article "Aussie Inspiration" (Cycling Weekly, February 18th). While he's obviously a talented rider and I wish him well in the Commonwealth games and future domestic competition, I found his comment "What's the point in turning up at a race when where you haven't a cat in hell's chance of getting anywhere near the podium?" pretty hypocritical. This is, after all, the same guy that argued that British Cycling should pay to send him to the 2004 Worlds because he was a National champion and was capable of making the top 20.

That said, it's a free country and if he really needed the rest it was probably the right decision on those grounds, even if it did potentially deny a few people the chance to boast in old age they finished ahead of him in a National championship once!

Nigel Scales

De Laune CC"

O.M.A.NE₩S

Dear Mark, For some reason Saga have sent me a complimentary copy of their magazine for the last couple of months(I didn't think I was old enough!!!) (*your old enough you just don't want to think you are* Ed) and imagine my surprise on opening the magazine today to see a photgraph of Mike Peel in there. There is an article about the 'everpresents' who are the people who have run in and finished all the 25 London Marathons and Mike is one of those.

Well done Mike and keep going as long as you can.

John Geoghegan.

Dear Mark, Following on from the Bike photo on the front of the Feb

DLN, this was a bike I photographed in Brugge last summer. For the younger members in the club Freddy Maertens was a superb roadman sprinter I think Sean Kelly of Eurosport fame was his lead out man when Sean was first a professional. He won many stages in the Tour de France and lots of stages in the Tour of Spain (la Vuelta). He was also world champion at least once. I don't think this was the bike he raced on needless to say.

John Geoghegan.



MEMBERSHIP

Congratulations to Brian Waller who has completed 50 years' membership of the club. Brian joined on the 16th March 1956; he was proposed by the late Ken Hill and seconded by either George or Eddie Starsmeare – we are not quite sure which Starsmeare as no initials are recorded.

To bring us a little more up to date, we welcome two new members: Simeon Schmidt and David Dulake. Simeon joins us from the Velo Club Londres and certainly will be an asset to our junior team. We also welcome David who was a member of the Delta Road Club until their demise; although we understand that they still have an annual get-together. David is retired but has long connections with the De Laune. I'm hoping to persuade him to put an article together for the mag. Interestingly, in his application form under the section "I learnt of the De Laune CC through" he has responded "Ken Whiterod (1951)". We say farewell to Howard Coulson who has gone off to join Dulwich Paragon.

Subscriptions have been coming in thick and fast with an encouraging amount of donations, many of which have been directed towards the production of the DLN with much praise going to Mark Ballamy on the latest issues of the mag.

If you have paid your subs, you should have received your membership card which acts as a receipt for payment until your cheque is banked; if not, however, bear in mind that the Royal Mail has recently been fined over 11 million pounds for losing mail, thus, I'm sure you will not be offended if I send reminders for non-payment!

Those who have paid and have made donations are: Mal Adams, Tom Bewsey, Pat Burns, Len Danby, David Dulake, Peter Gunnell, Arthur How, John Kavanagh, Geoff Margetts, Michael Moore, Clif Pendleton, Tony Purser, Alan Rowe, Roy Savery, Brian Shambrook, Geoff Sinnett, Peter Staff, John Starsmeare, Dave Tweddell, Brian Waller, Monty Watkins, Don White and Bill Wright.

Clif asked that his donation go towards funding the July Open Track Meeting and Summer Time-Trial event. Incidentally, we received a letter from Clif as follows: "I have heard cycle shop rumours that I am leaving the De Laune in favour of the Andover Wheelers. This, as you can see, is not the case. I am hoping to ride events this year, but it will take some time before I am fit, I only started training on the bike today. I have had a couple of cross-country races during the winter but I have found that the 13 stones of lard that constitute me does not easily lend itself to muddy fields." This letter was dated March 1987. How are things going this year, Clif?

Apologies to those members who have sent letters/notes to me when submitting their subscription asking various questions, please bear with me until I have the opportunity to reply.

My computer decided to stop working, so off I went and bought a replacement. I plugged everything in but found that it is not quite as easy as replacing an electric light bulb! Eventually I got the printer working and quickly had to do something about producing the minutes for last year's AGM and setting out the agenda for this year. Being a new boy at the Club Secretary's job, I found it all rather time-consuming. As I sit here at my desk, putting this article together, my feet entangled in about six miles of cable, numerous plugs, red and green flashing lights, I am wondering why I didn't stick at something I'm good at – like skiing!

Brian Saxton

briansaxton@btinternet.com



Primera New Forest Short Duathlon

26 February 2006

5k run, 22k bike, 5k run

1	Chris Birch	East Street	m1	0:16:58	0:35:25	0:18:39	1:11:02
2	Wil Newbery	Primera Bournemouth	m1	0:16:46	0:35:37	0:20:13	1:12:36
3	Lee Piercy	Primera Bournemouth	m1	0:16:54	0:37:38	0:18:30	1:13:02
28	Helen Smith	Tri London	f1	0:21:07	0:46:27	0:21:56	1:29:30
47	Jayne Wadsworth	De Laune CC	f1	0:23:59	0:47:45	0:25:29	1:37:13

Jayne finished in 5th place in the Ladies event.

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THRUXTON MASS ATTACK DUATHLON

This event will be used for clubs Tri Championship - as we used this event last year and it is on an enclosed circuit its a short race 5k run 30k bike and 5k run its a flat course - the date is the 22nd of October .

Entry fee is £12.95 with licence £16.95 for non member licence if anyone needs a entry form I can post it to them if you need to contact me my number is **0208 2998649** hope hear you soon

CLIFF, TRI-SECRETARY

MISSING / STOLEN From the De Laune CC Herne Hill container

Yellow Condor aluminium track bike Frame number: 11296 Easton straight bladed carbon forks Silver Campag Shamal wheels (with yellow Vittoria tubs) Dura-Ace chainset and seat-post 3t stem

This bike was being stored in the container after a severe crash and as such had an out of true front wheel, no handlebars and no pedals so could not have been immediately ridden. The chainset is an old 8 speed 160mm Dura-Ace road one that has been converted for the track, ie one chain ring. Ilf you can supply any information on it's whereabouts please contact Ben Neville on 020 8469 0023 or b.neville@lcc.arts.ac.uk

YOUR 2006 HOLIDAYS

We have received a couple of advertisements for holidays in France – both in Provence.

I realise that it is not our job to promote holiday companies but these are specifically aimed at the club, both having been posted rather than E-mailed. I could have put them in the bin but thought that there may be some club members interested in the holidays offered.

One is Bikestyle, which operates in the region of Provence that includes Vaucluse (Mont Ventoux, Gorges de la Nesque, the lavender routes and the wine routes). This company is run by Vincent Milhe and Wendy de Munari, who are an Australian/French couple. Their E-mail address is wendydemunari@bikestyletours.com. They also have a website: www.bikestyletours.com.

The other company is called Les Hirondelles and is located in the Coulgens area of the Charente. Again, they specifically cater for cyclists and further information may be obtained by E-mail on <u>stuart.burke@tiscali.fr</u> or on <u>www.bedandbreakfastineurope.com/leshirondelles</u>.

Brian Saxton





D	A T	ES 1	TO REME	MBER
	Dia	ary So	cial/Club for	2006
Thursday	20.00	30-Mar	AGM	Clubroom
Sunday		11-Jun	O.M.A. LUNCH	Brighton
Friday		27-Oct	Belgium Night	Blackheath Clubroom
Sunday	10.30	19-Nov	Memorial Service	Newnham
C Sunday	lub & 09.30	Inte 2-Apr	r-Club Events SERRL ROAD RACE	for 2006 Sevenoaks Weald
Sunday	0,100	11-Jun	Midsummer 25	G25/53
Tuesday	18.00	13-Jun	Crystal Palace	
Saturday		15-Jul	Track Meeting	Herne Hill
Sunday		30-Jul	Fred Peachy "25"	Q25/8
Saturday		19-Aug	OMA 10	Harrietsham Q10/20
Saturday		9-Sep	Open "10"	Q10/19
Sunday		17-Sep	Autumn 25	G25/53
Sunday		24-Sep	Down Hill	Tilburstow
Sunday	11.00	1-Oct	Hill Climb	GH 31

SEE MESSAGE BOARD to keep UP TO DATE http://mikepeel.proboards67.com

CLOSING DATE FOR THE NEXT ISSUE 26th April Anything for inclusion please send to: 41 Mayes Close Phone or Fax 01883 627809 Warlingham E-mail mark.ballamy@virgin.net Surrey CR6 9LB Produced by **Mark Ballamy** Distributed by **Brian Saxton**