

NEWS DE LAUNE

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EVANS
CYCLES.COM

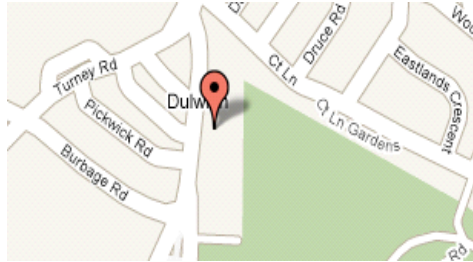
NOVEMBER 2009

Club Nights and Committee Meetings

are being held in the

Crown and greyhound pub

situated in Dulwich Village
73 Dulwich Village, London, SE21 7BJ. Tel: 020 8299 4976.



Free Parking in the surrounding roads and Bike parking at the front of the pub.

Meetings are at 8pm on the second Monday of each month, a chance to catch up with each other and find out what's happening in the De Laune.

MORE WEB SITES OF INTEREST

www.classiclightweights.co.uk

<http://road.cc>

NOTE: We are now affiliated to the SE division of CTT
not London South

CLUB CLOTHING

Members should note that from January 1st 2010 "old" kit with Evans/Specialized logos can't be worn in British Cycling or CTT events, since Evans/Specialized will no longer be registered sponsors. The Clothing Secretary, Mal Pires, will be placing an order for new kit shortly but as limited inventory will be held, you are advised to advise him of your clothing requirements as soon as possible so that he can fit it within the order.

You should also be aware that, also with effect from 1st January, there will be a reduction of the club clothing subsidy from 50% to 30%. The subsidy had been held at 50%, despite reduced investment income, to cover the cost of replacing club kit following the change in design.

CLUB NIGHT
SECOND MONDAY
OF EACH MONTH
Crown & Greyhound
in Dulwich Village

1889 DE LAUNE 2009
CYCLING CLUB

PRESIDENT

ROY SAVERY

Fairwinds
Goatsfield Road
Tatsfield
TN16 2BU
01959 577745

PRESIDENTS REPORT

We had a good turnout for the Hill Climb. John Archdeacon was the winner – full results elsewhere in this Mag.

CHAIRMAN

JOHN ARCHDEACON

19 Trinity Cresent
London SW17 7AG
020 8682 0308

Many thanks to Mark and Jason Ballamy for timekeeping. Many of the competitors/spectators came back to my place for lunch. We think everybody enjoyed themselves – certainly there wasn't much food and booze left over. Our dogs had a great time scrounging from the visitors, and we had to frisk them as they left to make sure they didn't try to kidnap our pets. We have also put extra security in place – don't even think about dognapping Roo (someone whose name start with V comes to mind!

SECRETARY

NIGEL SCALES

14 Bellingham Road
Catford
London SE6 2PT
020 8698 5977

TREASURER

VAL PEACHEY

63 Beverley Road
Barming
Maidstone
Kent ME16 9DU

I don't know how many of you went, but the Bike Show was amazing. I caught up with loads of friends – and got many reminders about just how old I am. I can remember celebrating the birth of some of them – Grant Young of Condor Cycles comes to mind. One of the first people I met at the show was John Woodbourne. I originally met him in the late 50's-early 60's, then I bumped into Kav: We won't even admit to how long ago that we first met! The Show was like Alladin's Cave: All those great (and expensive) bikes. My main reason

MEMBERSHIP

BRIAN SAXTON

26 Serviden Drive
Bromley
Kent, BR1 2UB
0208 290 1013



for going to the show was to check out what winter bikes there were on offer. Very few, I'm sorry to say – you would have thought that at this time of the year there would have been more manufacturers taking advantage of the seasonal market?

On Sunday 11th we had a Hill Climbing Feast. The Catford in the morning and the Bec in the afternoon – a great day's entertainment. The Catford: 1st Robert Gough: 2nd Jody Crawford: 3rd Matthew Melville. The Bec: 1st Michael Leonard Smith: 2nd Robert Gough 3rd Jody Crawford. Our John Archdeacon was 49th in the Catford and 53rd in the Bec.

On Sunday 25th Oct for the Reliability Trial I was feeling a bit “under the weather” but foolishly had to try out my new bike. The bike was good, but the rider wasn't. However, I still managed to outsprint my old mate Alan Rowe! I didn't hang about after the event, changing very quickly and heading off home. I must have looked bad, because Steve Valentine offered to take me home – perhaps he thought he could get some more of Gina's cooking after sampling it after the Club Hill Climb, or just wanted to play with the dogs again! Seriously, thanks for your concern Steve.

Looking forward to seeing lots of you at the Belgian Night on the 6th, and at Newnham on Sunday 15th.

Quote for the month:

“All our dreams can come true – if we have the courage to pursue them”.

Walt Disney

1091-1966, Cartoon Artist and Producer



“KAY’S REPORT”

Sunday the 25th October the big day for all our riders (22 people) to ride together as a club in one event. Well that was the plan!!

The pub told us not to park at the start or as this would cause traffic problems. A field would be provided for all the cars. Problem number one! We could not get in to the field as it was locked with a combination lock. The cars started to build up on the Yalding road! Our Mal had a go at the combination (he used to open safes I was told) but no joy. After a while cars started to move in so I think Mal did crack it!

Our group of riders in the 100k led by our President Roy Savory (looking good I might say) with Chris Rudolf, Nigel Scales, Alan Rowe, Terry Deeley, Mal Pires, Steve Carter Smith, Cliff Steel, and our ladies Sarah and Jane. Now they did not go off in that order: due to parking problems they sort of went off in dribs and drabs if you know what I mean!

Later in the morning it was our 50k group’s turn to go, led by Val the Peach (and did she go!) with Mike Peel, Peter Jenn, Tony Peachey, Ken Legge, Steve Valentine and me. A cuckoo in the nest from another club, who was put in our group, decided to half wheel everybody who came up to him!

The last 10 hilly miles were the last straw for our compact group. It was survival of the fittest. I caught up with Kenny Legge on a down hill bit and we decided to hang on to the back wheel of a dear old lady from the San Fairy Ann. Do you know what! She hammered the hell out of us!

Back at the pub we waited for the 100k group to finish. Again like our group they had problems. First they had Terry Deeley who went off the back at about 8 miles. He complained that the pace was too fast. He of all people to complain about the pace! The next to go, so I was told., was Alan Rowe and Roy Savory (Roy was now not looking too good). Both riders have this year beaten the 25 mph barrier, so it was not too good to see both of our lady riders, Jayne and Sarah, disappearing up the road.

Mal and Nigel had problems due to a late start and did not get on the back of the De Laune train. Mal who has not been out on his bike for seven weeks (so he told me!) had to be pushed up the hills by Nigel. How embarrassing to be pushed up the hills, especially by Nigel.

At the finish, outside the pub, after a few drinks, the banter started. It was good day out. As one guy said "he had not seen so many De Laune riders in one group". He then added "They are breeding like rabbits!" By the way, Terry Deeley did turn up at the end looking a bit the worse for wear!

I must congratulate our two ladies, Jayne and Sarah who won the ladies prize in the Redmon CC Grand Prix 2up TT. Alan Rowe took second place in the VTTA Kent 15. It is good to see the De Laune name in the Cycling mag again.

Brian Dacey is out in Australia riding the UCI Worlds vets track championships. I know he won a Bronze. Well-done Brian. That is the only news I have got for you.

On Sunday the 1st November we have our Down Hill competition. This will be down Tilburstow Hill at Godstone. We will meet at the bottom of the hill at 11am and do our normal 20-mile circuit finishing at the top of the hill and then glide to the bottom for the competition and then into the pub.

Sunday the 15th November we will be the Newnham Remembrance Service. I know that Chris Rudolf has arranged for the club run to Newnham. As it will get dark early they will return by train from Maidstone. Contact Chris for more details 07976 909256 (M) or christian.rudolf@ubs.com

I hope you all have a good time at the Belgium Night. All the places have now been taken. If you cannot make it please let Dot know as others can fill your place.

Kav.



From the Treasurers Desk



Good news this month as I am glad to report receipt of the sponsorship money Evans Cycles for 2009. Clearly this has boosted our funds tremendously making our balance look very much healthier. However, now that we have chosen to become an unsponsored club from 2010 this income can no longer be relied upon. Evans Cycles has been very generous over the years and I have written a thank you letter to express our gratitude for their support over the past number of years.

At the last committee we had to make a decision to strike 9 individuals from our membership list for non payment of subscriptions despite numerous reminders from Brian Saxton our Membership Secretary. On the plus side however we have welcomed back to our midst Barry Meens, I think he saw our new kit and was lured back by it's attractive design. Another new member to record, that of John Archdeacon Senior, I must admit it is normally the dads bringing the offspring along – seems as though in this case it is the opposite way round. They have both purchased new kit so they clearly intend to stay.

I spoke with Bert Wason this week, you may remember young Bert was not too well earlier on in the year. Well he is improving daily, getting out and about on his bike again and generally enjoying this delayed summer that has descended upon us.

On a personal note, may I thank our very own 'boys in blue' who were very patient and gave me lots of encouragement last Sunday during the KCA 50 km reliability trial. I was talked into riding 3 weeks before the event, I had literally undertaken just 300 miles on the bike this year (most of that during the last 3 weeks). I certainly hadn't ridden anything near 50km in one go for several years, but our boys waited on the hilly bits and treated me to a huge coffee at the finish. I did cheat a little bit by not stopping for tea and toast half way round, fearing that if I stopped – getting going again would be impossible – especially into a headwind in excess of 20mph. To name to our intrepid boys in blue they were Kav, Steve Valentine, Mike Peel, Peter Jenn, Kenny Legge and of course Tony. I hear all our 100km riders negotiated the longer course successfully, hopefully they will be mentioned in dispatches elsewhere in this magazine.

Val the Peach

NEWNHAM



Sunday 15th November

Usual venue: The George Inn. We meet for coffee 9.30 until 10.15 a.m. then off to the church for our Remembrance Service at 10.30 a.m.



If you wish to join us after the service – for lunch at The George, I need to know the numbers. So telephone me (again after 14th October) to reserve your place.

Your lunch choices need to be ordered and paid for before going to church.

DOT 01689 851241

Club Loyalty

There are many ways to show loyalty to the club, ranging from paying your membership fees on time, wearing club kit when riding, carrying out club duties (committee posts, marshalling at club events, organising social events, club runs etc, feeding the 10,000 (thanks Cliff)) but one of our members has quietly gone even further. The member in question (in order to spare his blushes I won't reveal Bill Wright's name) not only ticks the "club duties" box but lives in Kennington just around the corner from "De Laune Street", "Faunce Street" "Sharsted Street", "Doddington Street" (the De Laune family home was called "Sharsted Court" and is not far from Doddington) and on an estate that includes "Faunce House". (In case anyone doesn't know, the Faunces were related to the De Laune family by marriage and it was Mr. Chapman Delaune Faunce-De Laune who was responsible for setting up the De Laune Institute, fore-runner of the De Laune CC, in Kennington.)

For more information of the historical origins of the club and the links to the De Laune family, see <http://www.delaunecc.org/history.htm> Note that the annual remembrance service that honours the memory of club members who fell during the two world wars is on November 15th at Newnham Church. A clubrun to the service has been mooted - 63 miles from Herne Hill with return by train (or lifts if enough club members going by car are able to oblige..) see bulletin board entry on the website for details.

"100" CLUB

DON'T FORGET TO BUY YOUR TICKETS

The 47th Three Peaks Cyclo-Cross Race, 27th Sept 2009

This event is beginning to exert its hold over me in the same way that it has captured the hearts and minds of many a rider over the years. Racing generally is a matter of turning up, doing the best you can and going home. The Three Peaks is made of sterner stuff though; it's not a sporting event, it's an experience that you pass through, a unique event in the racing calendar with an incredible atmosphere all of its own.

I'd been more prepared for it this year, getting in the running training, sorting the bike out meticulously and was determined to break the 4hr mark that I'd missed out on last year. However with a week to go before the big day, I'd come down with a cold. I was hoping to be OK for the race but I knew it was going to be harder work than it should have been.

In spite of my afore-mentioned meticulous preparation I'd arrived at the start with no energy drink and nowhere to buy any – I'd tried over the previous weeks to get some of my favourite but no-one seemed to stock it. However I bumped into George Lewis of De Laune there – I'd never met him before but we'd been in regular email correspondence about the race. In his hand was a bag containing every energy product imaginable and George, bless him, gave me enough to make up a couple of bottles worth. Thanks George, you're a star!

For the first time in this event I had support in the form of my girlfriend Joy; she was going to ride round and meet me at strategic points so I gave her one of the bottles to hand up to me later.

The start area was busy but low key and I lined up towards the front, still hoping that the cocktail of vitamins I'd been taking would have staved off the worst of my chest infection. At 9.45 the race began accompanied by the strong Yorkshire accent of the commentator Roger, a character if ever there was one. 500 riders set out and almost immediately there were several near misses as the bunch accelerated. Just behind me was a loud bang as someone's tyre exploded. The narrow roads had the effect of stringing everyone out though and it was easy enough to hold my place in the pack as we headed through Horton-in-Ribblesdale at near road race pace, knobbly tyres whirring loudly on the tarmac.

As the race turned off road I was forced to dismount by the sheer number of riders trying to squeeze through the farm gate. We hit the lower slopes of Ingleborough and I knew straight away that my performance was compromised, I could feel myself wheezing for breath and my legs were refusing to turn as fast I wanted them to go.



Before long we were strung out into a long multi-coloured line of riders plodding upwards, the hill getting ever steeper. The wind whipped across the hillside blowing fronds of mist and low cloud with it. We were clinging to the fence posts at the side, partly to haul ourselves up against the

gradient, partly to avoid being blown over by the wind. Eventually the gradient eased, the terrain became more rideable and the rocky moonscape of the summit appeared through the mist. In spite of the low cloud and general greyness the terrain was mostly dry, the weather had been good in the previous weeks and it made the going a bit easier.

The descent was a mix of running and riding at first. A rider hurtled past me far too fast for safety and was rewarded for his efforts by a crash as he hit a rocky section. I passed him again and carried on, forearms aching with the effort of controlling the bucking bike. Into the crowds of spectators and support crews at Cold Cotes where Joy gave me a big cheer and I was onto the road down to Ingleton. It's a rapid descent and I found a group working at a reasonable pace, latched on and we made it to Whernside fairly painlessly. The weather seemed to have picked up a bit, the low cloud had lifted slightly and I fell into place in the long line of riders shouldering their bikes up the steep rock packed steps of the second Peak. Out onto the sandy ridge, past the summit and onwards to the descent, a mad place to be on a beefed up road bike. I'd run this hill the previous week as part of my training and memorised a lot of the lines. The main path is slabbed rock paving with wheel-gobbling drainage channels aplenty yet off to the side (if you know



where to look!) is relatively smooth grass. Not obvious unless you've spent a while walking it, I picked up loads of places on the descent simply by virtue of better line choice. I knew that my chest infection had cost me full race fitness and was aware I was losing time on the climbs but the preparation on the descent made up for some of that. I arrived down by the famous curve of Ribbleshead viaduct in reasonable shape



and picked up my spare bottle from Joy, throwing the empty one down to her. Back down the road, through Horton again and towards the final gauntlet of Pen-y-Ghent. I was aware now of being down on my time from last year but there

was nothing left in the tank in spite of the energy gels. PyG was as I remembered; a l-o-n-g slog. Riders who had already summited were descending on the same track we were climbing and the path was thick with walkers, spectators, photographers and other riders. Up on the high slopes the wind was vicious, catching on the shouldered bike and blowing it round. Former De Laune member Ian Cleverly passed me going downhill as I was still climbing. My calves were beginning to cramp badly but I reached the summit, stopped briefly to stretch and drink then headed downwards, retracing my upward steps. I was shattered, my wrists were aching and it was all I could do to control the bike's speed as the bumps crashed through the forks and up my arms. Ahead of me a rider went down hard in the rocks, perhaps blown off by the wind, perhaps just a case of being too tired to respond to the terrain. I passed a few friends who were still on their way upwards and, right down at the bottom, just starting the climb as I came off it was George. He said some encouraging words but my face was locked in a grimace of pain from the agony in my wrists. Out onto the road and I could feel the legs cramping. I knew if I stood up in the saddle they'd seize solid so I pushed steadily on, cheered by various groups of people at the roadside. I reeled in one rider on the 2 miles to the finish and turned in under the banner in 4.09.53, nearly 7 minutes slower than last year.

Disappointing but despite the pain (of failing to beat my personal goal and of every aching muscle in my body!) I'd thoroughly enjoyed it.

This year had seen a reversal in the fortunes of 7-times winner Rob Jebb – he'd been beaten by only a few seconds by veteran pro Nick Craig, a former winner and several-times runner up to Rob in the previous years. Nick had done it in 2.54.12, only a couple of minutes off the course record.

153: James Lyon De Laune CC 04:09:53 (91st in Category)

430: George Lewis De Laune CC 05:39:25 (192nd in Category)

Race stats: 37 miles (60km), 5600ft climbing, average speed 8.9mph, max speed 41.3mph.

The last finisher, in 450th place, crossed the line an hour after George.

Further information on this amazing race can be found at <http://www.3peakscyclocross.org.uk> along with pictures, results and race reports.

Pic 1: The start of the climb of Ingleborough (you can see me over on the right hand side near the front)

Pic 2: The start of the Whernside climb

Pic 3: The descent of Whernside

Cheers James

PS Old DL kit worn cos it's race regs, new kit doesn't come into force til 01/01/2010.





500 mts. TT

1	James KLOSS	USA	39.929
2	Roland CRAYFORD	GBR	40.966
3	Alban MCGUINNESS	AUS	41.371
4	Graham MEEK	AUS	41.732
5	Brian DACEY	GBR	41.768

Mens 70-74 2000m Individual Pursuit Qualification

			SPEED	
1	James KLOSS	USA	44.94	2:40.224
2	Otto ALTWECK	GER	44.13	2:43.167
3	Brian DACEY	GBR	43.76	2:44.526

Mens 70-74 10km Points Race Final

1	Otto ALTWECK	16 Points
2	Warwick DALTON	13
3	Brian DACEY	8



Congratulations to Brian on winning two
Bronze Medals

AUSSIE SUCCESS FOR DACEY

Former top sprinter, De Laune's Brian Dacey won the 70-74 road race at the World Master's Games in Sydney, Australia from a race long break with an ex Olympian from Western Australia.

It is the outstanding performance in an international road race this season by an LYRC member. He then followed this up with a sprint win in the criterium from a group of 12. He also finished

Crouching Tiger Cycling Tours contacted the club asking for their details to be passed on to members. They offer road cycling tours in Thailand, where this activity is apparently taking off. For more information, including offers and group tour discounts ("considerable" in their words), check out their website: www.crouchingtigertours.com or contact:

Email: info@crouchingtigertours.com

Tel/Fax: +66 (0) 53 202 501

VETS BAR 2009

		10 MILES	25 MILES	AVER. SPEED	VETS STD	VETS STD +
1	Alan Rowe	22:58	1:01:04			
		23:40	1:03:04	24.9561mph	18.3932mph	+6.5629mph
2	Roy Savery	24:16	0:59:52			
		25:03	1:03:49	24.3095mph	24.3095mph	+6.1968mph
3	Peter Jenn	23:46	1:02:32			
		25:36	1:03:53	24.0376mph	19.1114mph	+4.9262mph
4	Jon Archdeacon	21:49	0:55:23			
		22:25	0:56:09	27.2706mph	22.9513mph	+4.3192mph
5	Ian Silvester	21:27	0:58:43			
		22:25	0:58:46	26.4522mph	22.1412mph	4.3110mph
6	Malcolm Adams	25:22	1:10:50			
		25:37	1:10:51	22.3558mph	18.3932mph	+3.9620mph
7	Chris Cowlard	23:47	1:03:55			
		24:18	1:04:12	24.1879mph	20.6757mph	+3.5122mph
8	David Haggart	23:57	1:00:25			
		24:12	1:03:04	24.6144mph	21:7674mph	+2.8470mph
9	Simon Lowe	27:31	1:11:07			
		28:15	1:12:06	21.2351mph	22.6054mph	-1.3703mph

CONGRATULATIONS TO ALAN FOR TAKING THE HONOUR OF VETS BAR CHAMPION. IT IS GREAT TO SEE SO MANY CLUB VETERANS RACING. WE MIGHT HAVE 12 COMPETITORS NEXT YEAR. WELCOME BACK TO THE FOLD, BARRY MEENS. MAYBE TONY WILL HAVE A GOOD SEASON AND NOT OVERLOOKING THE FACT THAT SARAH WILL BE JOINING US VETS AND WITH HER EXTRA AGE ALLOWANCE, WHO KNOWS! AFTER ALL CAROL GANDY GIVES US ALL GRIEF IN OPEN EVENTS.

Malcolm Adams

RACING RESULTS

Epsom CC Open 25, G25/53, 27 Sep

1.	Steve Dennis	East Grinstead CC	50:54
84.	Simon Lowe	De Laune CC	1:11:07

03/10/09 - Agiskoviner 10 3 October

1	Richard Prebble	Candi TV- Marshalls	00:20:33
37	Roy Savery	Delaune CC	00:26:25

CLUB HILL CLIMB - 4 October

On arriving at Titsey for the Club Hill Climb Jason and I found Kav and Malc already there but no riders had arrived for their usual warm up before the event, we were soon to be followed by president Roy who arrived on his broom stick and then Jayne who was the first of the bike riders to arrive.

Roy set off to start his decent of the hill sweeping as he went as there was a considerable amount of stones on the road and a good job he made of it.

More members arrived by bike and car so it was time to see who was going to attack White Lane, I tried to get Sarah and Jayne to ride even the offer of £50 for the first Lady up would not tempt them, So leaving Jason at the top to record the finishing time I set off to the bottom to start them on their way accompanied by Tich, Roy was waiting for us as he was going to support the riders (is he getting weak) or was it all that sweeping that took its toll on him.

1	Jon Archdeacon	2:37
2	Adam Glasser	3:17
3	Simon Lowe	3:56
4	Dave Haggart	4:05
4	Steve Valentine	4:05
6	Nigel Scales	5:13.

I think most of the riders thought they should have had better times as it was such a fine morning but there were no arguments with the time keeper so I guess they were happy with their efforts. Not a bad turn out I counted 21 members most of them making their way on to Roy's who lives close by for, I am told, a very enjoyable lunch prepared for them by Gina. Ed.

Our club hill climb was held on Sunday 4th. October. It was a perfect day, warm (for the time of year), bright and clear. Mark & Jason arrived to carry out timekeeping duties, thank you, and soon we were under way. Jon Archdeacon was our winner in 2m 37sec. 2nd. was a past winner Adam Glasser in a creditable time of 3m. 17sec., considering that Adam is not a regular competitor these days and dose not have to many early nights I think he did very well, Simon Lowe came in third in 3m. 56sec.just edging out Dave Haggart & Steve Valentine equal 4th. with 4m. 05sec. and Nigel Scales opting for two wheels this year in 6th. position with 5m. 13sec.

Afterwards we retired to our presidents country mansion where his lovely wife Gina had prepered a wonderful spread and we spent the afternoon chatting and eating. It was a perfect end to a perfect day,Thank you once again Roy & Gina.

Alan G. Rowe

MY PERFORMANCES FOR 2009

<i>EVENT</i>	<i>DATE</i>	<i>TIME</i>	<i>POSITION</i>
Brighton Mitre CC	11:04	Hilly 10 28.32	1st. Vet. On age standard
Kingston Phoenix RC	02:04	10 26.07	1st. Vet. On age standard
Hampshire RC	02:05	10 23.40	1st. Vet. On age standard
Wigmore CC	01:06	25 01:06:09	5th.. Vet. On age standard
Medway Whlrs.	17:05	25 01:04:23	3rd. Vet. On age standard
Sotonia CC	30:05	10 24.05	3rd. Vet. On age standard
Shaftesbury CC	04:07	25 01:01:04	
VTTA Kent Champs.	12:07	10 24.24	2nd. - Mal Adams 3rd. 1st.
Team			
Bec CC	19:07	25 01:06:13	5th.. Vet. On age standard
De Laune CC (open)	25:07	10 24.35	2nd.
		1st. Team. Roy Savery 3rd. Brian Dacey 5th	
KCA	09:08	12hr. 195.731	
De Laune CC OMA	08:08	10 24.49	1st.
KCA	16:08	50 2.24.15	2nd. Vet. On age standard
SCCU	06:09	25 1.03.04	2nd. Vet. On age standard
De Laune CC Mid Sum	13:09	25 1.03.06	2nd.
ECCA	26:09	10 22.58	Kent Vets. Record 70+

Alan G. Rowe

CLUB HILL CLIMB - RIDERS & SPECTATORS



Read the History of the Catford Hill Climb
www.rapha.cc/ride-to-the-catford-hill-climb

MATT GOODES FOUR TIMES WINNER OF THE CATFORD HILL CLIMB



VTTA (Kent Group) "15", 11th October

1	David Wheeler Rye & District Wheelers	32.30	6.03	
20	Alan Rowe De Laune CC	39.09	9.36	65

Catford Hill Climb - 11 October -York Hill

1st	Robert Gough Chippenham & District Wheelers		1.58.1	
49th	John Archdeacon De Laune CC	Yet	2.47.3	

Bec Hill Climb - 11 October - White Lane, Titsey

1st	Michael Smith Team Milton Keynes		1.46.3	
53rd	John Archdeacon Delaune CC	Y	2.31.7	



“Barry Meens is back in the club!” Photo by KAV

Redmond 2up TT 15.4 Miles - 18 October

1	M Hutchinson & D Pollard	In-Gear Quickvit RT/In-Gear Quickvit	00:33:26
7	J Archdeacon & I Silvester	De Laune CC/De Laune CC	00:38:02
21	D Harrison & P Jenn	Evans Cycles RT/De Laune CC	00:40:51
42	J Wadsworth & S Archdeacon	De Laune CC/De Laune CC	00:47:11
45	C Silvester & T Peachey	De Laune CC/De Laune CC	00:50:10

VETERANS AGE RECORDS 17.10.09)

10 MILE		
JON ARCHDEACON	40	21.39
TONY PEACHEY	46	21.47*
PETER JEAN	58	22.09
PETER JEAN	59	22.27
ALAN ROWE	63	22.24
ALAN PRIDDY	66	22.39
ALAN ROWE	69	23.30
ALAN ROWE	70	23.40
ALAN ROWE		22.58
ROY SAVERY	72	25.26
ROY SAVERY		25.25
ROY SAVERY		24.16
ROY SAVERY	73	26.22

30 MILES		
TONY PEACHEY	46	1.10.40*
ALAN ROWE	58	1.10.40
ALAN ROWE	59	1.12.14
ALAN PRIDDY	65	1.12.26
OHN GILES	70	1.36.11*

50 MILES		
TONY PEACHEY	46	1.50.57* Club Record
TONY PEACHEY	47	1.54.28*
GUNNELL	62	1.59.24*
GUNNELL	63	2.03.25*
ALAN PRIDDY	66	2.02.09
ROY SAVERY	73	2.12.37

100 MILES		
TONY PEACHEY	47	4.04.31* Club Record
TONY PEACHEY	48	4.08.30*
DAVID HURST	50	4.15.35*
DAVID HURST	51	4.19.26*
DAVID HURST	52	4.24.08*
PETER GUNNELL	57	4.25.15*
PETER GUNNELL	60	4.26.08*
ALAN PRIDDY	65	4.30.15
ALAN PRIDDY	66	4.31.34

25 Mile		
PETER JEAN	53	55.27
PETER JEAN	55	56.20
PETER GUNNELL	63	56.33*
ALAN PRIDDY	65	59.01
ALAN PRIDDY	66	59.37
ALAN ROWE	70	1.06.09
ALAN ROWE		1.04.23
ROY SAVERY	72	1.04.48
ROY SAVERY		59.52
ROY SAVERY	73	1.05.32

12 HOURS					
TONY PEACHEY	40	256.359	PETER GUNNELL	56	233.310
TONY PEACHEY	46	253.410	PETER GUNNELL	62	228.520
TONY PEACHEY	47	244.258	ALAN PRIDDY	65	227.705
TONY PEACHEY	48	240.431	ALAN PRIDDY	66	217.535
DAVID HURST	50	238.638	MALCOLM ADAMS	70	196.486
DAVID HURST	51	238.104	Cont. over		

VETERAN'S AGE RECORDS LADIES 25 MILES**25 MILES****SARAH ARCHDEACON****40****1.09.26**

To obtain a record the claimant must beat the Standard/Record of the person who was the same age or the next eldest as shown on the current list, if none, the V.T.T.A. standard must be beaten. Records to be claimed by the 31st October each year.

****STANDARDS SET PRIOR TO INCEPTION OF RECORDS******(31ST December 1994)***

Since the inception of the Veteran's records 87 have now been broken, it seems the older we get the faster we go, well some of us do! It certainly applies to Roy and Alan, for the way they are going, by the time they are 80 they will be producing PB's! This year 14 records have been broken, plus 2 previously omitted Jon Archdeacon's 21.39 at age 40 & Roy's 2.15.29 at age 70 (which he removed by going faster this year)

Also result of Ladies Time Trial Championship (one '10' two '25's') for the
Ladies Trophy (presented by Reg Dawkins & Frank Wynne)

1st	Jayne Wadsworth	26.46 1.08.02 1.11.34 Average speed 21.8078 mph
2nd	Sarah Archdeacon	27.15 1.09.02 1.09.26 Average speed 21.7835 mph

How close can you get .0243mph which in real terms is just 6 seconds faster in 10 miles.

Malcolm Adams

VETERAN'S AGE RECORDS 10 MILES

Year	Alan Rowe		Peter Jenn		Brian Daxey		Alan Priddy		Roy Savery		Jon Archdeacon	
	AGE	TIME	AGE	TIME	AGE	TIME	AGE	TIME	AGE	TIME	AGE	TIME
1996	57	23.18										
1997	58	23.19	53	22.37								
1998	59	23.35	54	22.56								
	59	23.20										
1999	60	23.04	55	22.24								
		22.51		22.22								
2000	61	23.21										
		23.11										
2001	62	23.31							65	25.32		
2002	63	22.44	58	22.09								
2003	64	23.31	59	22.39	64	23.45						
				22.27								
2004	65	24.29							68	27.15		
		24.14										
		22.57										
2005									68	26.42		
										24.52		
										24.12		
										24.58		
										24.03		
2006									70	24.34		
2007									71	24.56		
2008	69	23.30					66	22.57	72	26.36	40	21.39
								22.39		26.11		
2009	70	23.40							72	25.26		
		22.58								25.25		
										24.16		
									73	26.22		

VETERAN'S AGE RECORDS 25 MILES

Year	Alan Rowe		Peter Jenn		Brian Daxey		Alan Priddy		Roy Savery		Jon Archdeacon	
	AGE	TIME	AGE	TIME	AGE	TIME	AGE	TIME	AGE	TIME	AGE	TIME
1997			53	55.27								
1999			55	56.20								
2003									66	1.06.27		
2004	65	1.03.32							68	1.11.13		
2005									68	1.07.12		
									69	1.06.25		
										1.03.58		
2006					67	1/03.15	64	59.25	69	1.00.13		
2007							65	59.01	70	1.09.31		

Cont over

VETERAN'S AGE RECORDS 25 MILES

Year	Alan Rowe		Peter Jenn		Brian Daxey		Alan Priddy		Roy Savery		Jon Archdeacon	
	AGE	TIME	AGE	TIME	AGE	TIME	AGE	TIME	AGE	TIME	AGE	TIME
2008							66	59.40 59.37	72	1.06.31		
2009	70	1.06.09 1.04.23							72 73	1.06.09 59.52 1.05.32		

VETERAN'S AGE RECORDS 30MILES

												Malcolm Adams
1997	58	1.10.40										
1998	59	1.12.14									59	1.16.13
1999	60	1.14.50										
2003	64	1.16.18										
2006							64	1.14.00				
2007							65	1.12.36				

VETERAN'S AGE RECORDS 50 MILES

2006							64	2.15.09	70	2.15.29		
2007							65	2.09.02 2.07.06				
2008							66	2.12.42 2.02.09				
2009									73	2.12.37		

VETERAN'S AGE RECORDS 100 MILES

2006							64	4.50.49				
2007							65	4.41.11 4.30.15				
2008							66	4.45.24 4.31.34				

VETERAN'S AGE RECORDS 12 HOURS

2007							65	227.7 05				
2008							66	217.5 35				
2009											70	196.486

VETERAN'S AGE RECORDS LADIES 25 MILES

	Sahra Archdeacon											
2009	40	1.09.26										

Dear Club Members,

Thank you for your interest in the new clothing. The take up has been so strong that we will now be ordering a replenishment batch. This will principally be short sleeve and long sleeve jerseys and bib-shorts. We also have the surplus stock of clothing which we can offer at a discounted rate. Should any of you be interested in the following items please contact myself.

Mal Pires

CLOTHING STOCK

MANUFACTURER

	Code	S	M	L	XL	Sale Price to Members £
IMPSPORT						
Skinsuit (short sleeve)	A1	0	0	0	1	Worthless
Anatomic shorts	A7	3	0	0	2	Training only £10
Bibshorts	A9	0	0	0	2	Training only £10
Tri-vests	T1	0	3	0	0	Offers
Tri-shorts	T3	0	3	0	0	Offers
Tri-trunks	T4	0	5	0	0	Offers
PRO-VISION						
Skinsuit (long-sleeve)		0	0	1	0	Worthless
Bibshorts		1	0	0	0	Training only £10
Ladies						
Anatomic shorts – Size 12		1				Training only £10
Anatomic shorts – Size 14			2			Training only £10
Un sponsored clothing						
Tights (no insert)	C3	2	1	0	1	25.00
Bibtights		1	0	0	0	25.00
Leg warmers		1	0	1	0	10.00
Knee warmers		0	1	2	0	7.00
All-weather jacket (no sleeves, thick lining, rear pockets, full zip)	1	1	0	0	0	20.00
DE LAUNE						
Polo shirts		6	8	9	3	5.00
Sweat shirts		10	4	5	3	10.00
Rain Jackets		1	2			15.00

Diary Social/Club for 2009

Sunday	1 -November	Club run to the Down Hill	10:00
Friday	6 November	Belgium Night at Blackheath Harriers	19:00
Sunday	15 November	Newnham Remembrance Service	10:30
Sunday	13 December	Richmond Park Christmas Social Ride	09:00

Club & Inter-Club Events for 2009/10

Sunday	1 November	12:00	Down Hill	Tilburstow Hill	
Sunday	5 December	11:00	Cyclo-Cross	Herne Hill	
Sunday	11 April		SERRL - Road Race	Brenchley	
Sunday	16 May	06:30	Spring 25 & the Club Novices Championship	Chilham	Q25/8
Sunday	? May	10:00	Ken Fuller Memorial Road	Bletchingly	
Sunday	? May	13:30	Club Track Championships	Herne Hill	
Tuesday	? June	18:30	Circuit Race	Crystal Palace	
Saturday	24 July	07:30	Open '10' TT	Harrietsham	Q10/22
Sunday	1 August	06:30	Fred Peachey 25	Chilham	Q25/8
Sunday	8 August	06:30	Mid-Summer 25	Chilham	Q25/8
Saturday	14 August	07:30	OMA 10	Harrietsham	Q10/22
Sunday	26 Septem-	06:30	Autumn 25	Chilham	Q25/8
Sunday	17 October	11:00	Hill Climb	Titsey Hill	GH/31
Sunday	24 October		KCA Reliability Trial	Details awaited - Phone 01622 726959	
Sunday	? November	12:00	Down Hill	Tilburstow Hill	

SEE MESSAGE BOARD to keep UP TO DATE

<http://mikepeel.proboards67.com>

CLOSING DATE FOR THE NEXT ISSUE 25th NOVEMBER

Anything for inclusion please send to:

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