

# DE LAUNE CYCLING CLUB

*Founded 1889*

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**PETER JENN**

**Photo by Mark Pearman ( De Laune CC**

<https://www.balfesbikes.co.uk>

**August 2021**



INVITATION TO All De Laune  
members come and join me in the  
De Laune Stand & watch some  
really good racing. Every Wed.  
One of our riders has just finished the TDF,  
so the standard is high.  
All the Best Peter Jenn.

Hi All Just a reminder that our next club 10 is on  
Aug. 14th @ 15:00hrs. at Isle of Grain.

Please can you let me know if you are riding OR! Helping,  
I need time keepers, and at least 3 marshalls. Alan

*I must admit it would be nice for some of the more  
active members and officials made some  
contributions to the pages of the DLN, at least  
those of us in far flung places could keep up with  
the latest activities and the pages would be  
brimming with news, but that is just wishful thinking.*

CLUB NIGHT  
SECOND MONDAY  
OF EACH MONTH  
HERNE HILL VELODROME  
104 BURBAGE ROAD  
LONDON SE24 9HE



**PRESIDENT**

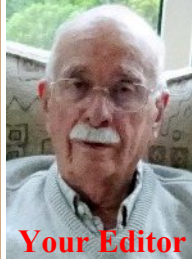
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**Your Editor**

**Hacked**, I think that most of you will have received the email headed **HELP** that looked as though it had come from me, but it had not as my email address had been hacked. This would have gone to well over 200 email addresses in my contact list, the first I knew about it was an email

I received at 04:35 from a relative in Singapore, then BT my service provider picked it up and closedown my email account, so I was without for most off the day before it was restored. I do hope that none of you purchased the Amazon Vouchers that it was asking you to do, one of our friends went to buy the vouchers but they refused to sell them to her and told her it was a scam. I think most would have guest that it was a Scam and deleted it.

Well the T de F is now over and the chances of many riders ruined by those two early crashes, but what about Mark Cavendish 4 more stage wins equalling the record of Eddie Merckx's 34 stage wins and taking home the Green jersey.

A short email from Clif Pendleton in reply to the scam email, said he is ok and his doctor is surprised that he is still alive.

Welcome back to Nathan Palmer who has rejoined the club after quite a few years away from us, Nathan was very active about 2004/6 before he left when he went off to University, great to have you back Nathan.

More stamps received from Geoff Sinnett, many thanks Geoff *much appreciated.*

As some of you know Henry Carter-Smith is an old member even at the age of 25 (been a member for 25 years).

It was his birthday a couple of weeks ago, so as to try and get rid of him we arranged a Tandem Sky-Jump on 30th July.

In his wisdom he wants to make it a charity jump for cancer research.



If any of you would like to donate here is his Go Funding Page

<https://fundraise.cancerresearchuk.org/page/tandem-skydive-to-beat-cancer>

Any amount will be appreciated and I will send pictures/report for the DLN (depending on publishing dates)

Steve

Two photos from the 3rd round of the Beastway Summer Cyclocross 2021 at Herne Hill. Don't ask how I did! I finished. It was one of the nights of torrential rain and a lot of fun.

*George Lewis*



Photos from George

## **Max Dod's Memorial Ride and BBQ.**

The day went well with exceptionally warm weather. It was good to have a ride out with clubmates after such a long while. Those on the bike ride were Alan Rowe, Mick & Debbie Valentine, Mick Jones and his friend Alistair, my Thanet clubmates Jenny and Terry Ferne and me.

Due to Alan and I not having ridden much in the past 18 months I decided that the ride would not be too strenuous by keeping the pace at no more than 12mph and a distance of 22 miles. We started by taking the cliff top path to Reculver, kindly provide at the expense of Sustrans, but sadly the 2 metre path has now reduced to half a metre, due to poor maintenance over the years. After a hairy descent into Reculver, we got back onto the tarmac and after a short climb descended onto the marshes through Chislet and Hoath. Then a couple of miles through the East Blean Woods, which forms part of the forestry which at one time completely surrounded Canterbury, and it fortunate that much of the woodland still remains.

On leaving the woods we unfortunately had to endure a mile or so of main road, but once the other side of the village of Herne we took to the lanes and on to Chestfield, where I led the group through the private estate, home to many celebrities over the years, including the late Charlie Chester.

We then made a short stop at my good friend Ken Larwood's house on the edge of the estate. Ken, another Thanet RC member (originally Marsh C. C. East London), was expected to come to the BBQ, but was not up to it. However, it was an opportunity for everyone to see his model railway, which takes up the whole of his garage and also some of his other models. On one of his models (now donated) Ken had painstakingly cut and placed 3.000 tiles on a roof of one of the buildings each tile was under 10cm.

The photos below are of Arlington Row, Bidbury, Glos. It took Ken over 650 hours to make this model and he has now donated it to the local area it depicted, see:- <http://englisheyeimages.blogspot.com/2015/08/beautifully-made-model-of-arlington-row.html> for further photos.

This village will be familiar for some of us older members who went there back in the 60s on a visit to Frank Holland in Chipping Campden. Len Brown, John Geoghegan and 'Titch' Shambrook were amongst them and Val Peachey's Dad Sam

On leaving Ken we took our lives in our hands as we crossed the busy old Thanet Way and made our way back to Herne Bay and joined the coastal road along the seafront and the final climb up the side of the cliffs to my house. After refreshment and showers we enjoyed a few social hours from then on, amidst the cremating of our various meats on the BBQ.

The gathering had by now increased, not mentioned as yet were the 3 long suffering wives Lyn, Jean Rowe and Sarah Jones Then we were joined by Terry and Carol Deeley. My mate Mick Cooper (late Old Kent C C) along with his daughter Sarah and partner Paul, yes another cyclist and Colin & Vi Inett Thanet R.C.

Before I sign off I must mention that on the day before Debbie rode from West Wickham to Rye and then on to Dungeness, 87 miles! Where was Michael? He was travelling to Ashford by train to meet her. Well done Debbie





The model - made to approximately 1:72 scale - is of a row of old cottages called Arlington Row, which lie in the English village of Bibury, deep in the Cotswold Hills west of London.



HERNE BAY, KENT



## MEMBERS RIDES WEEK ENDING 18th July

		Distance	Rides	Longest	Avg.Speed	Elev. Gai
1	Ade B.	302.8 km	1	302.8 km	22.1 km/h	4,753 m
2	Debra V.	240.7 km	3	140.4 km	21.8 km/h	1,544 m
3	Eddie B.	233.9 km	5	71.5 km	30.9 km/h	2,477 m
4	Simon L.	168.7 km	3	95.8 km	28.9 km/h	895 m
5	Jamie B.	160.9 km	3	89.4 km	29.2 km/h	1,898 m
6	David H.	125.8 km	4	36.1 km	28.0 km/h	--
7	George L.	122.0 km	4	93.6 km	15.7 km/h	417 m
8	Tom B.	117.0 km	5	40.0 km	21.7 km/h	1,401 m
9	Matt k.	80.2 km	1	80.2 km	28.8 km/h	128 m
10	Laurent S.	73.7 km	2	44.4 km	12.7 km/h	653 m
11	Bill W.	70.5 km	2	49.2 km	15.7 km/h	319 m
12	Garry B.	65.3 km	3	28.5 km	29.4 km/h	715 m
13	Steven P.	7.7 km	2	3.8 km	23.3 km/h	135 m

## W/E 25<sup>th</sup> July

1	Eddie B.	300.0 km	5	134.5 km	31.4 km/h	3,145 m
2	Tom B.	188.1 km	5	59.1 km	23.6 km/h	1,306 m
3	Jamie B.	168.9 km	3	93.5 km	30.2 km/h	1,476 m
4	Debra V.	124.7 km	3	61.7 km	21.7 km/h	1,340 m
5	David H.	87.0 km	2	43.8 km	29.0 km/h	--
6	Bill W.	50.4 km	2	29.7 km	13.5 km/h	231 m
7	Laurent S.	44.7 km	1	44.7 km	14.4 km/h	518 m
8	Matt k.	41.3 km	1	41.3 km	28.3 km/h	67 m
9	Steven P.	7.9 km	2	4.0 km	23.1 km/h	111 m

***Tom rode in the Hants Road Club 25 on the P881/25  
and recorded a time of 54:36***

## MOMENTS OF MADNESS

As Hon Secretary I receive plenty of odd messages by email, most of which I ignore. However, I have been bombarded with messages from a Chinese mining equipment company and felt that I ought to put them right so I responded:

"Hi Jessica,

We are a Cycling Club and have no interest in mining.

In fact there are not many mines in South London.

Thanks for your interest and if we ever decide to dig a mine in Peckham you will be first we will approach for some equipment.

Cheers,

Chalky

Hon Sec De Laune Cycling Club"

*Did it do the trick? I am afraid not! Within a couple of hours I received another email from them asking how much equipment we needed!*

## Malcolm & Lynda's Bar-B-Que

***Another great day down at Malcolm & Lynda's Barbeque, we had great weather and a good leisurely ride of 23 miles. We had 10 riders and no incidences. The hosts had a big awning erected to shield us from the sun, and Lynda had prepared a lot of extra food to add to our Bar-B-Que food & plenty to drink. A lovely crowd of thirty friends spent the rest of the day relaxing and chatting.***

***Well Done Malcolm & Lynda!***

***Jean & Alan***

# Life on Skye

Hi everyone,

As in previous months – the latest update on the weather here. It seems quite strange of late, whilst the South has endured torrential rains and flooding we have enjoyed proper summer weather, in fact it has been shorts and tee shirt weather, topped off with sun hats and sun glasses. It has been so warm that the midges have refused to come out to play – that is a real bonus all round. Unfortunately we are sliding back to less welcome weather as from yesterday, with more to come today. Nice while it lasted.

I have remained busy in the garden, trying to tidy up following the tree surgeons work. They did warn me that the garden may well look like a war zone has hit, just for a short time, until new growth sets in – that is exactly how it is. The down side is the time span of 10 man days of work was insufficient and they will once again return in a couple of weeks to finish the job off. So more of the same to follow. I did think it was a bit ambitious the original guesstimate of time but I did not argue. I thought I had spectacular views from the house before they started but the views, have substantially increased. The field at the back of us which houses a few highland cattle and a youngster at the moment, is enormous, with a range of rocky outcrops about ½ a mile away. Will try to walk up there soon.

On chatting to a neighbour passing by he has put me in touch with a local man who is always interested in large logs of wood, he probably cuts them down and sells them on knowing the canny Scots. I have piles of loges sitting around awaiting shredding – a real bonus for me to have someone so local is useful as I already have a few mountains of shredding's awaiting the spreading action and could do without increasing my store. After phoning him he turned up just a few minutes later and removed one trailer load, promising to return with 'the boys' to continue the job in hand, with strict instructions of not to move any more of the logs myself, I am not arguing with that as some are rather large, in fact large enough to just line them up at the top of the driveway and roll them down to the collection point !! No point in getting older if you don't get wiser.

Now that a few offending conifers have been removed we have so much sunlight flooding in the house that Tony has resorted to wearing sunglasses inside, clearly he wants to get his money's worth from the purchasing outlay. Things are now looking even more promising.

We are continuing to get out and about as much as possible, in fact the local Alzheimer's link worker organised a small picnic in an enclosed garden in Portree last Friday. We went along. There was only 8 of us there plus two of the organising committee so it was quite good linking in with individuals all sharing common issues. Most interesting to speak with someone who really understands day to day living issues rather than plain sympathisers.

Despite many promises of some respite care for me from the Highland Council nothing has materialised yet so I am being patient. I realise that the pandemic is putting tremendous strain on all aspects of care which, unfortunately, is taking a back seat at the moment. In the meantime, during a casual conversation with a neighbour, she mentioned that she would be quite happy to sit with Tony for a couple of hours if I wanted the opportunity to go out for a walk. I acknowledge her kind offer and stored the information. He doesn't ,at this stage need caring, just really for my peace of mind of knowing that someone is there and he remains safe. I invited her down for a cup of tea and cakes yesterday afternoon for a trial run, so that she could meet Tony and he meet her and all appears good. During our conversations we spoke of many things but one item was pets.

My desire to either rehome a cat(s) or a dog seemed quite tame. I knew she had 4 rescue dogs as I had met all of them over the last few months., What I didn't know was that she also has a small aviary of exotic birds and – wait for it – a fully grown python snake. I find it strange that people have a need for such pets. This was also a rehomed 'specimen', at the bequest of her son, who has now moved away for work. I was pleased to know that Annie – the python- is kept in a secure tank and much admired by the family.

I am pleased to say that my neighbour has made the appointment to start visiting for a couple of hours in 4 days time. OK so long as the snake doesn't come as well.

The introduction of physiotherapy for Tony has come to an end after an 8 week session, so it is down to me entirely now. However the visiting physiotherapist feels he would gain from more attention and is recommending that a further session is organised, so it is a case of watch this space. In the meantime I am trying to carry on the routine independently. Unfortunately without the prompting, it just doesn't occur to him to undertake the task himself.

We were able to enjoy the company of a visitor last week of Peter and Anita Croft (Southboro & Dist Wheelers) Tony and Peter were successful tandem partners way back in 1976-1978 and enjoyed many successes including the breaking of a National Competition Record for 25 miles. Obviously they spent many hours together both training and driving to and from events. Once Tony registered exactly who he was there was lots of chatting taking place between them whilst Anita and I caught up on girly conversations. A pleasurable visit all round. It was fortunate that they were holidaying in Scotland and decided to come across to Skye to catch up.

Best wishes to all,

Val the Peach

## Kit update

Over the last few weeks we have been working with BioRacer to transfer our kit onto their online ordering system.

Because the kit is now digitally printed there is no need to do a bulk order and for the Club to hold stock. Individual items can be ordered and manufactured via the website on demand. It also means that the range of kit available is much broader. You will now be able to order from two different ranges, Professional and Race Proven. BioRacers Race Proven range as the name suggests is more aerodynamic with a closer fit and geared to racing. There will be a number of specific skin suits available, an aero suit, a time trial suit and a Cyclocross / MTB suit, as well as such delights as Speed Socks, trust me you will want a pair.

On the downside there will be a seven week lead time on orders so you will need to plan ahead. A few items like caps and neck warmers will need to be ordered in bulk and we will provide more detail about these items in due course.

As a club we receive a very good discount from BioRacer, in addition the Club is providing a very generous subsidy which makes this kit very good value for money. You will be able to apply the Club discount/ subsidy at the checkout on the site.

We had hoped to be able to launch this new system with the Newsletter but unfortunately its not quite ready. We will send out a separate email when it is and include an update in the next DLN. Once the BioRacer De Laune page is up and running you will be able to access the site via the clothing page on our website.



## ***Social Club Events for 2021***

- Sun 21 November    Newnham Remembrance Service 10:30
- Sun 5 December    Richmond Park Christmas Social Ride 10:00  
                          at Roehampton Gate
- Sat 1 January        New Year's day walk - Three Horseshoes, Knockholt 10:00

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## ***Club & Inter Club Events for 2021***

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14 - Aug	15:00	Club 10 Mile TT	Isle of Grain Q 10/24
11 - Sept	15:00	O M 10 miles TT	Isle of Grain Q 10/24

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**SEE MESSAGE BOARD to keep UP TO DATE**

**<http://mikepeel.proboards67.com>**

**CLOSING DATE FOR THE NEXT ISSUE 27th August 2021**

**Anything for inclusion please send to:**

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